



KANSAI Karate ACADEMY



JUNIOR CLASS TIMES

SUMNER PARK

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY AM
CUBS	---	3.45-4.15	---	---	---	8.15-8.45
LITTLE LIONS	4.00-4.45	---	4.00-4.45	3.45-4.30	---	9.00-9.45
JUNIORS B/N	5.00-5.45	4.30-5.15	5.00-5.45	4.30-5.15	5.00-5.45	10.00-10.45
JUNORS INT	5.00-5.45	5.30-6.15	5.00-5.45	4.30-5.15	5.00-5.45	10.00-10.45
JUNIORS ADV	6.00-6.45	5.30-6.15	5.00-5.45	5.30-6.15	5.00-5.45	10.00-10.45

SPRINGFIELD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY AM
CUBS	---	---	---	4.30-5.00	---	8.00-8.30
LITTLE LIONS	4.30-5.15	4.30-5.15	4.30-5.15	---	---	8.45-9.30
JUNIORS B/N	5.30-6.15	5.15-6.00	5.30-6.15	5.15-6.00	---	9.45-10.30
JUNORS INT	6.15-7.00	6.00-6.45	6.15-7.00	6.00-6.45	---	10.45-11.30
JUNIORS ADV	6.15-7.00	6.00-6.45	6.15-7.00	6.00-6.45	---	10.45-11.30

SPECIAL PROGRAMS – *Open to all students*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY AM
KATA/KUMITE <i>Students MUST have own equipment</i>	---	---	---	---	---	11.00-11.45 <i>Sumner Park</i>
WEAPONS	---	---	6.00 <i>Sumner Park</i>	6.45 <i>Springfield</i>	---	---

Class Description:

Cubs 3-4 yrs: Kansai Cubs was created just for preschoolers - 3-4 year olds. We start with fun, promote teamwork and friendship and help to create strong individuality and the self-esteem necessary to succeed. They learn how to control their bodies, direct and focus their minds and energise and empower their spirits—all wrapped in games, challenges and fun.

Little Lions 5-8 yrs: The main aim with the Little Lions is to introduce children to karate in a fun but structured program. The focus of the program is on developing motor skills, confidence and discipline while learning basic karate techniques. Children in this age group are very receptive but have short attention spans, so the lessons are divided into short bursts of activity which can be skill or game oriented.

Juniors 8-12 yrs: The Young Lions Beginner/Novice class, similar to the Little Lions in that there is still a focus on developing their karate skills in a fun environment through karate related games and karate technique, is the next step up. Techniques learnt in this class are progressively more difficult than the Little Lions but are part of the Beginner/Novice teaching criteria. Once Young Lions have completed the Beginner/Novice phase successfully they then move up into the Junior Intermediate class.

Managing Director and Chief Instructor: Shihan Stephen Kelly, 7th Dan Tasshi
Sumner Park Address: 5/71 Jijaws Street, Sumner Park Q 4074
Springfield Address: Unit 13, 21 Technology Drive, Augustine Heights Q 4300
Postal Address: P O Box 4005, Springfield Central Q 4300
Phone: 3279 0655 **Mobile:** 0417 709 729
E-Mail: admin@kansaikarate.com.au **Web Site:** www.kansaikarate.com.au
Facebook: facebook.com/kansaikarateacademy